

Clayton County

Resource Guide

Revised 2023 (work in progress)

CLAYTON COUNTY BLUFF COUNTRY

Relax
Enjoy
Experience



www.claytoncountyiowa.com
563-245-2201
ccd@alpinecom.net

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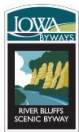
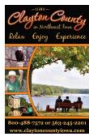


Dining - Lodging - Shopping

FREE Brochures Available:
City Offices, Information Centers and Libraries

	24 Hour Mail	Online Services	Bus Station	Public Access
Edgewood	*	*	*	*
Elkader	*	*	*	*
Harwood/Garber	*	*	*	*
Saravalle	*	*	*	*
Guttenberg	*	*	*	*
Luana	*	*	*	*
Marguette	*	*	*	*
McGregor	*	*	*	*
Monona	*	*	*	*
North Buena Vista	*	*	*	*
Postville	*	*	*	*
Strawberry Point	*	*	*	*
Volga City	*	*	*	*

- Antiques
- Attraction
- Bike Trail
- Boat Landing
- Camping
- Canoe & Fishing Rivers
- Canoe Landing
- County Park
- Golf Course
- Historical Site
- Hospital
- Library
- Museum
- Overlook
- Picnic Area
- State Park/Preserve
- Swimming Pool
- Trout Fishing
- Winery
- Iowa Scenic Byway
- 109 Miles



Clayton County Resource Guide 2023

This guide is a valuable tool for those in the Clayton County community that are looking for services for someone in the area or in need of services for themselves. The resource guide lists all of the services provided in Clayton County and resources outside the county that residents may utilize. To keep this list up-to-date and useful to community members, please contact us with any additions or changes. Thank you and we hope this will be very useful to you!

Contact for additions or changes to the Resource Guide:

Family Resource Center
514 South River Park Drive
Guttenberg IA 52052

563-252-3215
Family.Resource.Center@GuttenbergHospital.org

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Domestic/Sexual/Child/Dependent Abuse

Name	Description	Phone
Child/Dependent Adult Abuse Iowa Department of Human Services www.dhs.iowa.gov	Reporting, 24 hour hotline	888-583-1039 or 800-362-2178 after 4:30 PM
Family Resource Center for Safe Families/Prevent Child Abuse 514 S. River Park Drive, PO Box 550 Guttenberg, IA 52052	Family team meetings, community awareness, neighborhood networking, family activities, and shelter info	563-252-3215 Family.resource.center@ guttenberghospital.org
Family Violence Center	24 hour hotline	800-942-0333
National Child Abuse Hotline (24 hour hotline)	Includes information, counseling, and referrals for adult survivors of child abuse	800-422-4453
National Human Trafficking Hotline	24 hour hotline	888-3737-888
Prevent Child Abuse Iowa www.pcaiowa.org	Provide collaborative leadership that improves policies, programs, and community support for Iowa's children, families, and well being	1-800-CHILDREN (1-800-24453736)
Riverview Center 1111 South Paine St. Decorah, IA 52101	Legal advocacy, Medical advocacy, counseling, education	563-380-3332 24hr: 888-557-0310
Friends of the Family PO Box 784 Waverly, IA 50677	Emergency shelter and short term rapid rehousing for survivors of domestic abuse, sexual assault, and human trafficking. Comprehensive services for survivors of human trafficking.	1-800-410-7233 www.fofia.org
New Beginnings Domestic Violence Shelter 35 North Booth Street Dubuque, IA 52001	Counseling, emergency shelter, support & advocacy for domestic violence victims	Ph: 563-556-3371 or 563- 556-1100
Waypoint 318 5 th Street SE Cedar Rapids IA 52401	24 hour crisis and support line for domestic violence victims & survivors	1-800-208-0388

Domestic/Sexual/Child/Dependent Abuse Cont.

Name	Description	Phone
Helping Services for Youth and Families Domestic Abuse Resource Center PO Box 524 Postville, IA 52162	Confidential advocacy, support and resources (24/7 Resource Line, transitional housing options, emergency client needs and safety options) for domestic violence survivors	800-383-2988 info@helpingservices.org www.helpingservices.org
Domestic Violence Crisis Line	Counseling, emergency shelter, support & advocacy for domestic violence victims	563-556-1100 or 1-800-332-5899
Riverview Center 2600 Dodge St. Dubuque, IA 52001	Sexual assault counseling & a 24 hour hotline for assistance	Ph: 563-557-0310 or 888-557-0310

Alcohol/Drug Abuse

Name	Description	Phone
AA/Al-Anon / NA Support Group	Contact Substance Abuse Services for Clayton County for current year meeting times and places. Help links are on the website	563-245-1546 sascc@sas4cc.com or www.sas4cc.com
Alcohol/Suicide/Drug Hotline	Referrals	800-662-HELP (4357)
Drug/Alcohol Treatment	Information and referrals	800-252-6465
Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 36 S. Frederick Ave. P.O. Box 113 Oelwein, IA 50662 www.neimhc.org	Alcohol and drug related problems service center, diagnostic, support, and therapy. Satellite Offices in Clayton County Oelwein	563-382-3649 or 319-283-5774
SASC-Substance Abuse Services Center 799 Main Street Suite 110 Dubuque, IA 52001 www.sasc-dbq.org	Addiction treatment programs for problem gambling & substance abuse. Individual, group & family counseling. Crisis Line	563-582-3784 563-583-1216
Substance Abuse Services for Clayton County Suite 7, 600 Gunder Rd Elkader, IA 52043 www.sas4cc.com	Substance abuse prevention, alcohol and drug assessment, education, referral, and support sascc@sas4cc.com	563-245-1546 FX: 563-245-1612
Problem Gambling Crisis Line	24 hour crisis line for those affected by problem gambling	800-BETS-OFF
Quit Line https://mylifemyquit.com/	Support to quit smoking, chew, tobacco, or vaping Designed for ages 13-17	Call or Text 855-891-9989
Your Life Iowa www.yourlifeiowa.org	Call, text, or chat with this 24/7 hotline about alcohol, drugs, gambling, mental health or suicidal thoughts	Call 855-581-8111 Text 855-895-8398
5C Coalition 205B South Main Street Elkader, IA 52043	Volunteer-based group that focuses of drug awareness through education and initiatives www.claytoncountyyccc.weebly.com	claytoncountyyccc@gmail.com
WISEWOMAN Program Visiting Nurse Association	Smoking Cessation	563-556-6200 800-862-6133

Child Care/Preschools/Youth

Name	Description	Phone
Berry Tender Child Care 401 Commercial Street Strawberry Point, IA 52076	Child Care and Preschool berrytenderchildcare@gmail.com	563-933-2514
Central Elkader Preschool 400 First Street NW Elkader, IA 52043	www.central.k12.ia.us	563-245-1472
Child Care Resource & Referral of NE IA 1111 Paine St. Suite H Decorah, IA 52101	Child Care Referrals, Provider training, Consultation, Resources, & Advocacy www.iowaccrr.org	319-233-0804 (Regional office) 563-382-4447 (Decorah office) Direct Child Care Referral line: (855) 244-5301
Clayton Ridge School Preschool 502 West Watson Street Garnavillo, IA 52049	swahls@garnavillo.k12.ia.us www.claytonridge.k12.ia.us	563-964-2321
Dr. Clifford Smith Childcare Center 626 Main St. PO Box 361 McGregor, IA 52157	www.smithandbulldog.com Child Care and Preschool Drsmithchildcare@mflmarmac.k12.ia.us	563-873-2992
Elkader Childcare & Learning Center 117 Gunder Rd. Elkader, IA 52043	Child Care and Preschool Ecclc03@alpinecom.net www.elkaderchildcare.wordpress.com	563-245-3333
Edgewood/Colesburg Preschool 409 East Street Colesburg, IA 52035	www.edge-cole.k12.ia.us	563-928-6412
Garnavillo Community Day Care & Preschool 205 West Watson Street Garnavillo, IA 52049		563-964-9333
Family Resource Center Family's Helping Hands 514 South River Park Drive Guttenberg, IA 52052	Family.resource.center@Guttenberghospital.org www.guttenberghospital.org	563-252-3215
Northeast Iowa Community Action Corp. Early Headstart Program Clayton County Office Building Suite 11, 600 Gunder Rd Elkader, IA 52043	0-3 year old www.neicac.org	563-245-2452

Child Care/Preschools/Youth Cont.

Name	Description	Phone
Kids Kampus Community Childcare 210 Main St., PO Box 368 Guttenberg, IA 52052	kidskampus@alpinecom.net	563-252-3934
Little Bulldog Childcare & Learning Center 700 South Page Monona, IA 52159 www.mflmarmac.k12.ia.us	Childcare & Preschool MFL Mar Mac Preschool at location also Littlebulldog@mflmm.k12.ia.us	563-539-2032
NEICAC Guttenberg Head Start 131 South River Park Drive Guttenberg, IA 52052 guttenberghs@neicac.org	www.neicac.org	563-252-2419
NEICAC Monona Head Start 704 South Page St. Monona, IA 52159 mononahs@neicac.org	www.neicac.org	563-539-2008
Postville Child Care 210 Ogden Street Postville, IA 52162	Infant through school age www.neicac.org	563-864-7075
Starmont Preschool 3202 40th Street Arlington, IA 50606	www.starmont.k12.ia.us	563-933-2238
St Mary's Preschool 510 South 2nd, PO Box 100 Guttenberg, IA 52052	www.maryicjoseph.org/	563-252-1577
1 st Five 660 Iowa Street Dubuque, Iowa 52001	Serving families with children birth to 5 to connect to resources that support healthy mental development www.idph.iowa.gov/1stfive	563-556-6200
Family Resource Center 514 South River Park Drive Guttenberg, IA 52052 Family.resource.center@Guttenberghospital.org	Offers safe sitter classes to children 11-14 www.guttenberghospital.org	563-252-3215
Helping Services for Youth & Families Family Education & Support Program PO Box 372 Decorah, IA 52101	In-home family education program using Parents as Teachers curriculum for pregnant women and children to age 3 years info@helpingservices.org www.helpingservices.org	563-387-1720

Clothing, Fuel, Housing/Shelter

Name	Description	Phone
Clayton Co. General Assist & Veterans Affairs Suite 6, 600 Gunder Rd NE Elkader, IA 52043	General Relief, Mental Health, and veterans benefits www.claytoncountya.gov	563-245-1865
Fair Housing/Equal Opportunity	information and complaints	800-669-9777
Family Resource Center 222 South River Park Drive, PO Box 550 Guttenberg, IA 52052	Resource & referral, clothing Family.resource.center@Guttenberghospital.org	563-252-3215
First Call REC	24 hour services; assists customers in staying home and being independent	563-864-7611 or 888-788-1551
Imagine the Possibilities 420 S. Riverpark Drive Guttenberg, Iowa 52052	Secondhand clothing, household goods, referrals available at the Family Resource Center	563-252-3287
Helping Services for Youth & Families Domestic Abuse Resource Center PO Box 524 Postville, IA 52162	Confidential advocacy, support and resources (24/7 Resource Line, transitional housing options, emergency client needs and safety options) for domestic violence survivors	Phone: 800-383-2988 info@helpingservices.org www.helpingservices.org
Northeast Iowa Community Action Corp. Clayton County Family Service Office Suite 11, 600 Gunder Rd Elkader, IA 52043	Education, clothing & food referrals, and fuel assistance www.neicac.org	563-245-2452
Shepherd of the Hills 100 West Hill Street, PO Box 36 St. Olaf, IA 52072 shephill@neitel.net	Clothing center, crisis fund for rental & utilities with referral,	563-783-2409
Friends of the Family PO Box 784 Waverly, IA 50677 www.fofia.org	Permanent Supportive Housing and Rapid Rehousing for homeless families and individuals. Provide medium to long term rent assistance and case management. Coordinated Entry hotline for assessment and prioritization of all experiencing homelessness.	1-800-410-7233
Upper Explorerland Regional Housing 134 West Greene St. PO Box 219 Postville, IA 52162 www.uerpc.org	Section 8 housing, rental units, fair market rates, rental assistance	563-864-7551 877-474-7551

Clothing, Fuel, Housing/Shelter Cont.

Name	Description	Phone
Black Hills Energy	energy audits, explanation of charges & payment plan	515-281-9155
USDA Rural Development 1510 3rd Street SW Waverly, IA 50677 www.rurdev.euda.gov/ia	Housing loans, community and business programs, farm and home loans, apartment rental for seniors	319-352-1715 or 515-284-4663(St.)
Mary's Inn Maternity Home P.O. Box 3338 Dubuque, IA 52004-3338 marysinmaternityhome.org	Maternity home in Eastern Iowa - A woman can be pregnant OR parenting but the child has to be 2 or under. (Not a shelter)	(563) 552-6288

Counseling/Behavioral Health/Brain Health

Name	Description	Phone
Catholic Charities 307 West Main Street Decorah, IA 52101	Counseling services	800-772-2758 563-382-9631
Catholic Charities 1229 Mt. Loretta Ave Dubuque, IA 52004-1309	Counseling and post adoption services www.catholiccharitiesdubuque.org	563-588-0558 800-772-2758
Clayton County Extension Office 120 South Main, PO Box 357 Elkader, IA 52043	Crisis support www.claytoncountyia.gov/xclayton@iastate.edu	563-245-1451
Community Circle of Care 308 College Drive Suite1, Pyramid Plaza Decorah, IA 52101 www.communitycircleofcare.org/	Team approach to supporting and serving children/youth <21 with serious emotional and behavioral challenges & special needs	563-382-1277 or 877-571-9797
Crisis Hotline (Cedar Rapids)	24 hour hotline	800-332-4224
Gambler's Anonymous	24 hour hotline	800-BETS-OFF
Families First 911 S Mill St. Decorah, IA 52101	Connect Families with Resources BHIS for Youth www.familiesfirst.net	319-505-3710
Lutheran Services of Iowa (LSI) 2255 John F. Kennedy Rd. Dubuque, IA 52002 124 East Fayette St. Manchester, IA 52057	M-F 8am-5:15pm by appointment Provides counseling, education, offerings, resource center, & family centered services skills dev. And intensive crisis counseling services www.LSIowa.org	563-582-0044 563-927-3281
Gambler's Treatment Program 799 Main St. Dubuque, IA 52001	info@treatmentfirst.org www.treatmentfirst.org	563-583-1216
Great Rivers 211 PO Box 426 Onalaska, WI 54650 mmreckas@gundluth.org	Extensive resource and referral database for residents of IA, WI, and MN www.greatrivers211.org	211 or 800-362-8255
Hillcrest Family Services Clinic 2005 Asbury Rd. Dubuque, IA 52001 www.hillcrest-fs.org	Provides counseling, adoption, and special program services on a sliding fee scale	563-583-7357 877-437-6333
Iowa Concerns Hotline	Stress counselors available	800-447-1985
National AIDS Hotline		800-232-4636 1-800-HIV-0440
National Runaway Safeline	www.1800runaway.org	800-786-2929
Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101	Counseling Satellite offices in Clayton County	563-382-3649 319-283-5774
Teen Line	Information, counsel, referral	800-443-8336
Mercy Medical Center 250 Mercy Dr.	Inpatient psych unit	563-589-8000

Dubuque, IA 52001	www.mercydubuque.com	
Counseling/Behavioral Health/Brain Health Cont.		
Name	Description	Phone
Mental Health Institute: Independence 2277 Iowa Ave. Independence, IA 50644	Residential Mental Health Service	319-334-2583
Youth Emergency Services & Shelter of Iowa 918 SE 11 th St. Des Moines, IA 50309	Emergency shelter, respite, and counseling for children 17 and under	515-282-9377 www.yessiowa.org
Abbe Center	accepts Medicaid, Medicare & private insurance- Offers parent/child Interaction therapy- Adult & child psychiatrist available	Manchester 563-927-6700,- West Union 563-422-5344
First Five Program Dubuque Visiting Nurse Association 660 Iowa St., Dubuque, IA 52001	assists with referrals for ages 0-5 yrs for developmental concerns	Ph: 563-556-6200 or 1-800-862-6133
Diane Baumgartner	Private practice, counseling, EMDR therapy	563-362-2379
I-START Program	Individuals with intellectual/developmental disabilities with complex mental health and behavioral needs	641-525-0401
Elevate Certified Community Behavioral Health Clinic 405 E 5TH ST, Waterloo, IA 50703, Drop-In Center: 617 Mulberry St., Waterloo, IA 50703	Waterloo office open Monday-Thursday 8:30 AM - 6:00 PM, Friday 8:30AM -5:00PM. Elevate Mobile Crisis Response team runs 24/7/365, offering onsite and in-person interventions to individuals experiencing a mental health crisis. Provides help you at your home or any other location. Services include mobile crisis, crisis observation services, crisis care intervention, medication management services, therapy services, Drop-In Center with adult peer support group. Accepts Medicaid, Medicare, Cigna, Midlands, Health Partners, United Health Care, Optum Behavioral Health, Aetna Behavioral Health and more. Sliding fee scale for those uninsured. Elevate has open access hours Monday through Friday 1:00pm to 4:00pm. All new clients are welcome to come in during that time for intake for services. Please bring your photo ID and your insurance card.	833-370-0719, Crisis assistance through Your Life Iowa: 855-581-8111 https://elevateccbhc.org/

Counseling/Behavioral Health/Brain Health Cont.

Name	Description	Phone
<p>County Social Services 600 Gunder Road Elkader, IA 52043</p>	<p>Outpatient services including outpatient services including psychiatric evaluations, medication management, and therapy can be accessed through Community Mental Health Centers. Provides mobile crisis response through Your Life Iowa (855-581-8111), crisis stabilization residential or community-based services, behavioral health inpatient treatment, and 23 hour observation and holding</p>	<p>563-422-5047 https://www.countysocialservices.org/</p>
<p>Seva Health Center for Wellbeing</p>	<p>Work both one-on-one and in group settings to offer quality education, brain health coaching, and mindfulness practice, along with hands on training and evidence- based services that improve whole person health. Supports brain health through diet, exercise, stress management, education, and mind-body techniques.</p>	<p>https://sevahealthcenterforwellbeing.godaddysites.com/</p>
<p>Your Life Iowa</p>	<p>We walk beside you so you're never alone. When you don't know who to turn to about a problem with alcohol, drugs, gambling, suicidal thoughts or mental health, Your Life Iowa is here for you 24/7. We provide free, confidential support and connect you to resources meant to help you get your life back on track.</p>	<p>Call: (855) 581-8111, text: (855) 895-8398, live chat: YourLifelowa.org</p>
<p>Nutrition Counseling at MercyOne Elkader 901 Davidson St. NW Elkader, IA 52043</p>	<p>Registered Dietician, Rebecca Hilby of Mercy Medical Center, Dubuque, is on site at MercyOne Elkader Medical Center two Fridays a month. She is available for in-patient consultations, as well as outpatient counseling or diabetes, hypercholesterolemia and weight loss.</p>	<p>563-245-7000 https://www.mercyone.org/elkader/find-a-service-or-specialty/nutrition-counseling</p>
<p>Veterans Memorial Hospital Nutrition Services 40 First St. SE Waukon, IA 52172</p>	<p>If you want 1:1, personalized nutrition education to lose weight or improve your health, schedule an outpatient nutrition consultation with our Registered Dietitian, Jill Fleming, MS, RD/LD. If you want your insurance company to cover some or most of the cost, ask your doctor for a referral at your next appointment.</p>	<p>563-568-5530 https://www.veteransmemorialhospital.com/service/nutrition-services/</p>

Counseling/Behavioral Health/Brain Health Cont.

Name	Description	Phone
Theresa Eberhardt	Dietitian	
<p>Cornerstone Family Practice 200 Main Street, Guttenberg, 52052</p> <p>101 South Washington Street, Edgewood, 52042</p>	<p>Cornerstone Family Practice offers an integrated model of care, with attention to both physical and mental well-being for your overall wellness. Integrated care allows behavioral concerns identified by your primary care provider to be addressed right away. Conveniently located in the Guttenberg clinic, our behavioral health team works closely with your medical provider and other professionals to deliver the best overall health care.</p> <p>Our staff of Psychiatric Nurse Practitioners and Licensed Independent Social Workers have schedules that allow you to receive care when you need it. Both in-person and telehealth appointment options are available.</p>	<p>Guttenberg: 563-252-2141</p> <p>Edgewood: 563-928-6435</p> <p>https://www.guttenberghospital.org/services_post/behavioral-health/</p>
Alternative Treatment Associates 307 Wilson St., Postville, IA 52162		563-864-7122
Gundersen Palmer Lutheran Postville Clinic 111 South Reynolds, Postville, IA 52162		<p>(563) 864-7512 https://www.gundersenhealth.org/locations/gundersen-palmer-lutheran-postville-clinic</p>
Centrally Rooted 2230 Central Ave. Dubuque, IA 52001	<p>Stemming from a moral idea of self love being critical to happiness, the hope is to offer a safe and supportive community with multiple avenues of expression to grow and learn. Centrally Rooted is an interactive growth space that supports the development of positive brain health through creative expression. Our goal is to provide a safe & nourished space for creative expression that is available to all, regardless of socioeconomic status. Through the efforts of a scholarship fund, generous donations, community inclusion, and altruistic programmatic development, we have a dream of supporting the families of our community that will provide benefit to all.</p>	<p>Mindful Musicians Music Therapy Rooted Private Lessons</p> <p>https://www.centrallyrooted.com/</p>

Counseling/Behavioral Health/Brain Health Cont.

Name	Description	Phone
<p>Crossing Rivers Health Center for Behavioral Health</p> <p>37868 US Hwy 18 Prairie du Chien, WI 53821</p>	<p>Crossing Rivers Health Behavioral Health provides behavioral and mental health services to adults and children, including telehealth services. Crossing Rivers Health Behavioral Health also offers nursing case management services to help patients with questions regarding medication management, crisis intervention, and resources in the area.</p> <p>Services address many behavioral and mental health concerns including, but not limited to:</p> <ul style="list-style-type: none"> Anxiety Attention-deficit/hyperactivity disorder Behavior issues Bipolar Conduct disorders Depression Grief and loss Impulse control Personality disorders Psychosis and trauma-related disorders 	<p>608.357.2500</p> <p>https://www.crossingrivers.org/services/center-for-behavioral-health/</p>
<p>Crossing Rivers Health Center for Specialty Care</p> <p>37868 UW Hwy 18 Prairie du Chien, WI 53821</p>	<p>Whether looking to improve your health through healthy eating habits, or better manage a disease or condition requires through diet, a Crossing Rivers Health dietitian is available to guide you. Working closely with your provider, our registered dietitian provides medical nutrition therapy to meet your health needs as well as meal ideas that meet your taste preferences.</p> <p>Services provided:</p> <ul style="list-style-type: none"> Medical nutrition therapy Individual nutrition counseling Diabetes education Nutrition support for hospital inpatients <p>Our dietitian is available through provider referral. Call the Nutrition Services Department to learn more at 608-357-2525 or talk to your provider.</p>	<p>608.357.2525</p> <p>https://www.crossingrivers.org/services/nutritioneducation/</p>

Counseling/Behavioral Health/Brain Health Cont.

Name	Description	Phone
<p>Regional Family Health Behavioral Services 111 E Mission St Strawberry Point, IA 52076</p>	<p>You can expect comprehensive and confidential behavioral and mental health services for children, adolescents, adults, seniors, couples and families. Services may be provided in person or via telehealth.</p> <p>Concerns treated:</p> <ul style="list-style-type: none"> Abuse ADD (attention deficit disorder) ADHD (attention-deficit/hyperactivity disorder) Anger management Anxiety Autism Childhood disorders Depression Divorce Eating disorders Family issues Grief Individual relationship issues Life transitions Marital issues Sexual abuse Trauma 	<p>563-933-6277 https://www.regmedctr.org/service/behavioral-services/</p>
<p>High Street Healing Arts Center: Northgate Healing Arts Center, Choose You Studio, Inhale Exhale Studio, 413 N. High St., Elkader, IA 52043</p>	<p>Sessions scheduled by appointment. Choose You is an ever evolving health & wellness space with one mission: To enhance body, mind, and spirit through mindful practices.</p> <p>Create change in the course of your life toward greater health, awareness and mindfulness. Change happens in seemingly small steps, and sometimes in large steps. Each time you invite an experience of healing into your life a shift happens. Trust that every step you take in your healing path brings you closer and closer to your authentic self.</p> <p>We assist you in developing the tools to withstand the pressures of everyday life and rise above them, by creating a safe and nurturing haven where acceptance and compassion are cultivated.</p>	<p>563-880-9165 https://www.choosestudio.com/</p>

Counseling/Behavioral Health/Brain Health Cont.

Counseling/Behavioral Health/Brain Health Cont.							
Provider	Services	Prescribes medication	Therapy and medication	Evaluation for behavior and learning disabilities	Integrative approach	Insurance /costs	Contact information
Lacie Anthony	BH counseling	No	Therapy only	No		Yes	Crossing Rivers Health 608-357-2000
Matt Cram	BH counseling	No	Therapy only	No		Yes	Crossing Rivers Health 608-357-2000
Dr. Jampala	Psychiatrist	Yes	Therapy and medication management	No		Yes	Crossing Rivers Health 608-357-2000
Stacey Struble	Mental Health Nurse Practitioner	Yes	Medication management	No		Yes	Crossing Rivers Health 608-357-2000
Lacie Anthony	BH counseling	No	Therapy only	No		Yes	Crossing Rivers Health 608-357-2000
Matt Cram	BH counseling	No	Therapy only	No		Yes	Crossing Rivers Health 608-357-2000
Dr. Jampala	Psychiatrist	Yes	Therapy and medication management	No		Yes	Crossing Rivers Health 608-357-2000
Seva Health Center for Wellbeing	Life/health coaching, mind-body practices. Supplemental support.	No	Behavior change coaching	No	Yes	Free for children under 18. Adults \$20 a visit	Jessica Goltz 563-880-2461
Dr. Erica Burger - Lansing	Psychiatry ages 18 and older only	Ketamine assisted therapy	Integrative therapy	No	Yes	No	Driftless Integrative Psychiatry 563-272-0858
Jamie Wingert - Elkader	BH counseling	No	Therapy only	No		Only accepts Blue Cross Blue Shield	JW Counseling 319-220-5801

Counseling/Behavioral Health/Brain Health Cont.							
Provider	Services	Prescribes medication	Therapy and medication	Evaluation for behavior and learning disabilities	Integrative approach	Insurance/ costs	Contact information
Tara Fink - Waukon	Psychiatric NP	Yes	Medication therapy	Behavior disorders	Yes	Yes and offer charity care	VMH Waukon 563-568-3411
Seva Health Center for Wellbeing	Life/health coaching, mind-body practices. Supplemental support.	No	Behavior change coaching	No	Yes	Free for children under 18. Adults \$20 a visit	Jessica Goltz 563-880-2461
Dr. Erica Burger Lansing	Psychiatry ages 18 and older only	Ketamine assisted therapy	Integrative therapy	No	Yes	No	Driftless Integrative Psychiatry 563-272-0858
Jamie Wingert Elkader	BH counseling	No	Therapy only	No		Only accepts Blue Cross Blue Shield	JW Counseling 319-220-5801
Northeast Iowa Behavioral Health	BH counseling and psychiatric care	Yes	Therapy and medication	No		Yes	NEIBH 800-400-8923
Child Health Specialties	BH counseling and behaviors	Yes	Therapy and medication	No		Yes	Child Health Specialties Decorah 563-382-1277
Dr. Marion Huettner	Counseling, behavioral and academic evaluation	No	Therapy and evaluation behaviors/ learning disabilities	Yes		Yes	Medical Associates, Dubuque 563-584-3441
UI Stead Family Childrens Hospital	BH counseling, behavioral and academic evaluation	Yes	Therapy and evaluation of behaviors/learn ing disabilities	Yes		Yes	Child and adolescent psychiatry clinic 888-573-5457
Gundersen Lutheran	BH counseling, behavioral and academic evaluation	Yes	Therapy and evaluation of behaviors/ learning disabilities	Yes		Yes	Gundersen Lutheran, Lacrosse 608-782-7300
UI Scanlan Center for School Mental Health	BH counseling	Yes	Short term individual counseling, group counseling, crisis services	No		Yes	Contact information 319-467-4526

Counseling/Behavioral Health/Brain Health Cont.

Counseling/Behavioral Health/Brain Health Cont.							
Provider	Services	Prescribes medication	Therapy and medication	Evaluation for behavior and learning disabilities	Integrative approach	Insurance /costs	Contact information
Guttenberg Municipal Hospital & Clinics	Psychiatric Nurse Practitioners and Licensed Independent Social Workers	Yes	Therapy, addition counseling, cognitive behavioral therapy, grief counseling	Psychiatric Evaluation	Yes	Yes	Contact Information5 63-252-2141

Dental Health

Name	Description	Phone
Donald G. Barron and John Barron 511 North Bluff Street, PO Box 584 Guttenberg, IA 52052	Ages 4 yrs. & up Accepts T19 if reside in Guttenberg	563-252-2150
Family Dentistry Ass. Of Monona Jessica Wilke and Mark Fohey 101 Franklin St. Monona, IA 52157	Serves all ages Does accept T19	563-539-4651
Kevin Imoehl 106 East Mission Strawberry Point, IA 52076	Ages 3 yrs. & up, accepts T19 if reside in Strawberry Point or Oelwein	563-933-4200
Margret Kramer 402 South River Park Drive Guttenberg, IA 52052	Serves all ages Does accept T19	563-252-1932
N. Joseph Stender 118 South Main Street PO Box 25 Elkader, IA 52043	Ages 3 yrs. & up, does not accept title XIX	563-245-1356
Fred Cheung 1645 JFK Rd. Dubuque, IA 52002	Pediatric dentist Does accept T19	563-556-6383
James Walgren 1122 Rockdale Rd. Dubuque, IA 52003	Serves all ages Does accept T19	563-556-2650
Valerie Peckosh 3455 Stoneman Rd. Dubuque, IA 52002	Pediatric dentist Does accept T19	563-582-1478
James Arvidson 228 Main St McGregor, IA 52157	Serves 4 and up Does accept T19	563-873-3780
William Souto 1789 Elm St. Dubuque, IA 52001	Serves all ages Does accept T19 Crescent Community Health Care	563-690-2852
William Stoffel 2095 JFK Rd. Dubuque, IA 52002	Serves all ages	563-583-3521
Great River Oral Surgery 100 Bryant St. Dubuque, IA 52003	Serves all ages Does accept T19	563-557-1440
University of Iowa School of Dentistry 801 Newton Rd. Iowa City, IA 52242	Serves all ages Does accept T19	319-335-7447

Dental Health Cont.

Name	Description	Phone
I-Smile Program- Clayton Co. VNA	Assist with referrals to local providers and financial assistance for those that qualify	563-245-1145

Education

Name	Description	Phone
Central Comm. School 400 1st Street NW PO Box 70 Elkader, IA 52043 www.central.k12.ia.us	Public School: K-6th grade Public School: 7th-12th grade	Elementary: 563-245-1472 Jr. & Sr. High: 563-245-1751
Clayton County Alternative High School 24542 Highway 13 Elkader, IA 52043		563-245-3777
Clayton County Extension Service 120 S. Main Street, PO Box 357 Elkader, IA 52043 xclayton@iastate.edu	www.extension.iastate.edu/clayton	563-245-1451
Clayton Ridge Comm. School - Middle 131 South River Park Drive PO Box 520 Guttenberg, Iowa 52052-0520	www.claytonridge.k12.ia.us	563-252-1747
Clayton Ridge Comm. - Elementary 502 West Watson PO Box 9 Garnavillo, IA 52049	www.claytonridge.k12.ia.us	563-964-2321
Clayton Ridge Comm. School - High 131 South River Park Drive PO Box 520 Guttenberg, Iowa 52052-0520	www.claytonridge.k12.ia.us	563-252-2341
Ed-Co Comm. School - Elementary 409 East Street Colesburg, IA 52035	www.edge-cole.k12.ia.us	563-856-2415
Ed-Co Comm. Jr High-Senior 403 West Union Street Edgewood, IA 52042	www.edge-cole.k12.ia.us	563-928-6412
Keystone AEA 1400 2nd Street NW Elkader, IA 52043 www.aea1.k12.ia.us	The mission of Keystone AEA is to provide leadership for school improvement and student learning and living	563-245-1480 or 800-632-5918
MFL Mar Mac Elementary School 700 South Page Street Monona, IA 52157	Public School: pre K - 3rd grade www.mflmarmac.k12.ia.us	563-539-2032
MFL Mar Mac Middle School 918 W. Main Street McGregor, IA 52157	Public School: 4th - 8th grade www.mflmarmac.k12.ia.us	563-873-2250
MFL Mar Mac High School 700 South Page Street Monona, IA 52157	Public School 9th-12 th www.mflmarmac.k12.ia.us	563-539-2031

Education Cont.

Name	Description	Phone
NEICAC - Early Head Start 107 W. Center Street, PO Box 417 Monona, IA 52157	A home visiting program for pregnant women, infants & toddlers	563-539-2502
St. Mary's Catholic School 510 South 2nd Street, PO Box 100 Guttenberg, IA 52052 web.mac.com/st.marysguttenberg/site/Welcome.html	Non-public school: K-8th grade	563-252-1577
Starmont Community School 3202 40th Street Arlington, IA 50606 www.starmont.k12.ia.us	Public School: pre K - 5th grade Public School: 6th-8th grade Public School: 9th - 12th grade	563-933-2238 563-933-2218 563-933-2218
NICC Calmar 1625 IA-150 Calmar, IA 52132	Community College Adult Literacy Program, GED	1-800-728-2256
NICC Peosta 8342 NICC Dr. Peosta, IA 52068	Community College Adult Literacy Program, GED	1-800-728-7367
Preschools & Head start Centers	(see childcare/preschool)	
Iowa Virtual Academy School 502 W. Watson St, Guttenberg, IA 52052	Online public education	563-748-1017
Proteus	Education programs for clients Healthcare clinics in Clayton County	Toll free: 319-855-9602 1-800-372-6031
Helping Services for Youth & Families Family Education & Support Program PO Box 372 Decorah, IA 52101	In-home family education program using Parents as Teachers curriculum for pregnant women and children to age 3 years	Phone: 563-387-1720 info@helpingservices.org www.helpingservices.org

Elected Officials

Name	Description	Phone
Board of Supervisors 600 Gunder Rd NE Elkader IA 52076		563-245-2166 Fax: 563-245-2697
City of Clayton 109 N Front Street Clayton , IA 52049		
City of Edgewood P.O. Box 397 Edgewood, Iowa 52042	www.edgewoodiowa.com	563-928-6842
Elkader City Hall 207 Great American Main Street Elkader , IA 52043	www.elkader-iowa.com	563-245-2098
City of Elkport 453 Linn Street Elkport IA 52044		563-245-2344
City of Farmersburg PO Box 96 Farmersburg , IA 52047		563-536-2390
City of Garber PO Box 117 Garber, IA 52048	www.garberiowa.com/	563-255-1002
City of Garnavillo 106 E Chestnut Street Garnavillo, IA 52049	www.garnavilloia.com/	563-964-2331
City of Guttenberg 502 S First St. Guttenberg IA 52052	www.cityofguttenberg.com/	563-252-1161
City of Luana PO Box 96 Luana IA52156-0096		563-539-2296
Marquette City Hall 102 North Street Marquette, Iowa 52158	www.cityofmarquetteiowa.com	563-873-3735
McGregor City Hall 416 Main Street McGregor, IA 52157	www.cityofmcgregoriowa.com	563-873-3795
Monona City Hall 104 E Center Street Monona, IA 52159	www.mononaiowa.com/	563-539-2355
City of Osterdock 3181 Lynx Ave Osterdock, IA 52035		

Elected Officials Cont.

Name	Description	Phone
City of Postville 147 North Lawler Street Postville, IA 52162	www.cityofpostville.com	563-864-7454
City of North Buena Vista 303 Tuff Street Holy Cross, IA 52053		
City of St. Olaf PO Box 51 St. Olaf, IA 52072		
City of Strawberry Point 111 Commercial Street, PO Box 279 Strawberry Point, IA 52076	www.strawberrypoint.com/	563-933-4482
City of Volga City 505 Washington Street Volga, IA 52077	www.volgacityiowa.com/	563-767-3511

Emergency Helplines

Name	Description	Phone
Alcohol/Suicide/Drug Hotline		800-662-4357
All County Emergency	Fire, police, ambulance	911
American Red Cross, Tri-State Unit 2400 Asbury Road Dubuque, IA 52001	www.arcdbq.org	563-588-0587
Clayton County Emergency Management 600 Gunder Rd Elkader, IA 52043	www.claytoncountyyia.gov	563-245-3004
Clayton County Sheriff 22680 230th Street St. Olaf, IA 52072	www.claytoncountyiowasheriff.com	563-245-2422 or 911
Elkader Police Department 207 South Main Street Elkader, IA 52043		563-245-3110
Strawberry Point Police Department 111 Commercial Street Strawberry Point, IA 52076		563-933-2210
Guttenberg Police Department 502 S First St. Guttenberg IA 52052		563-252-3333
Mar Mac Police Department 319 Pleasant Drive Marquette, IA 52158		563-873-2500
Monona Police Department 104 East Center Monona, IA 52159		563-539-4400
Guttenberg Municipal Hospital 200 Main Street, PO Box 550 Guttenberg, IA 52052	www.guttenberghospital.org	563-252-1121
Iowa Statewide Poison Control Center www.iowapoison.org	Poison Assistance	800-222-1222
Youth Emergency and Shelter of Iowa 918 SE 11th Des Moines, IA 50309	www.yessiowa.org	515-282-9377
MercyOne Elkader Medical Center 901 Davidson Street NW Elkader, IA 52043 www.mercyone.org/elkader		563-245-7000
Disaster Distress Hotline		1-800-985-5990
Iowa Concern Hotline	Through Iowa State University	1-800-447-1985
National Center for Missing and Exploited Children		1-800-843-5678
National Runaway Safeline		1-800-786-2929

Emergency Helplines Cont.

Name	Description	Phone
Your Life Iowa www.yourlifeiowa.org	Call, text, or chat with this 24/7 hotline about alcohol, drugs, gambling, mental health or suicidal thoughts	Phone: Call 855-581-8111 Text 855-895-8398
Warm Line	counseling	844-775-9276
Crisis Intervention Services	Violent Crime Specialist	563-581-1418

Employment

Name	Description	Phone
Iowa Vocational Rehabilitation 600 Gunder Rd. NE Suite 9 Elkader, IA 52043 www.ivrs.iowa.gov	Fax	563-880-1350 563-556-8664
Proteus 3850 Merle Hay Road, Ste. 500 Des Moines, IA 50310 www.proteusinc.net	Assist Migrant and Seasonal Farm workers	800-372-6031 319-248-0178
Workforce Investment & Opportunity Act (WIOA) - IowaWORKS 312 Winnebago Street Decorah IA	www.iowaworkforce.org Jobs & employment Unemployment Claims unemployment advisors unemployment helpdesk -	563-382-0457 866-239-0843
Experience Works 4444 First Ave. NE Cedar Rapids, IA 52402	Age 55 and older www.experienceworks.org	800-782-7519
Manpower	www.manpower.com	563-382-2119
Job Corps 15229 Truman St. Ottumwa 52501	www.jobcorps.gov	563-232-8240 641-682-2000
Veteran's Employment Services	www.usajobs.gov www.va.gov/jobs www.iowacity.va.gov	319-338-0581 ext. 6727

Enforcement/Legal Assistance

Name	Description	Phone
All County Emergency		911
Clayton County Sheriff 22680 230th Street St. Olaf, IA 52072	www.claytoncountyiowasheriff.com	563-245-2422 or 911
Strawberry Point Police Department 111 Commercial Street Strawberry Point, IA 52076		563-933-2210
Guttenberg Police Department 502 S First St. Guttenberg IA 52052		563-252-3333
Mar Mac Police Department 319 Pleasant Drive Marquette, IA 52158		563-873-2500
Monona Police Department 104 East Center Monona, IA 52159		563-539-4400
Elkader Police Department 207 Main Street Elkader, IA 52043		563-245-3110
Iowa Legal Aid NE 799 Main Street, Ste. 280 Dubuque, IA 52001	Must meet income guidelines www.iowalegalaid.org	800-942-4619 563-588-4653
Iowa Rural Concern Hotline	Stress counselors available	800-447-1985
Youth Law Hotline 300 Walnut Street, Suite 295 Des Moines, IA 50309	www.youthlawcenter.org	800-728-1172
Protection & Advocacy: Iowa Civil Rights	Disability rights	800-779-2502
Iowa Legal Aid		800-532-1275
Legal Hotline	Older Iowans	800-992-8161
Statewide Lawyer Referral Service		800-532-1108

Faith Community

Name	Description	Phone
Bethany Lutheran 307 3rd Street NE Elkader, IA 52043	bethanychurch@alpinecom.net www.alpinecom.net/~bethanychurch/	563-245-1856
Calvary Bible Church 413 Washington Street Volga, IA 52077		563-767-2959
First Congregational Church 200 Chestnut Street SE Elkader, IA 52043		563-245-1226
First Lutheran Church 31743 175th Street McGregor, IA 52157 www.elca.org		563-873-2471
Garden City United Methodist Church 702 S. Main Street Monona, IA 52157	www.umc.org	563-539-2988
Grace Evangelical Free Church 280 Reimer Road SW Elkader, IA 52043	http://elkaderefree.net/index.php	563-245-1779
Highland Lutheran Church 13724 2225th Street Elkader, IA 52043		563-245-1124
Jehovah's Witnesses Hwy 13 Elkader, IA 52043	www.watchtower.org	563-245-1038 or 563-933-2414
Living Waters Bible Fellowship 119 Hwy 52 S. PO Box 282 Guttenberg, IA 52052	www.livingwaterbible.com	563-252-3677
St. John's Lutheran Church 307 Church Street Luana, IA 52156		563-539-2321
St. John's Lutheran Church 208 E. Washington Farmersburg, IA 52047		563-536-2800
Norway Lutheran Church 18829 200th Street St. Olaf, IA 52072	www.stolafchurch.org	563-783-7714
Peace United Church of Christ 301 N. Main Street Elkader, IA 52043	www.peacechurchelkader.org	563-245-2126
St. John's Congregational Church 701 Zapf Street Garber, IA 52048		563-255-2636

Faith Community Cont.

Name	Description	Phone
St. John's Lutheran Church ELCA 203 Pearl Street Guttenberg, IA 52052	www.stjohnsguttenberg.com	563-252-2355
St. Joseph's Church 206 W. Oak Street Garnavillo, IA 52049	www.maryicjoseph.org	563-252-1247
St. Mary's Church 518 S. 2nd Street Guttenberg, IA 52052	www.maryicjoseph.org	563-252-1247
St. Patrick's Catholic Church 405 S. East Street Monona, IA 52157	www.trinitycluster.com	563-539-4442
St. Paul Evangelical Lutheran LC-MS 630 Main Street McGregor, IA 52157	www.listentojesus.info	563-873-3341
St. Paul's Lutheran 104 S. Adam Street Garnavillo, IA 52049		563-964-2468
St. Paul Lutheran ELCA 214 N. 1st Street Guttenberg, IA 52052		563-252-2494
St. Paul Lutheran Church ELCA 401 S. Egbert, PO Box 1968 Monona, IA 52157	Like us on Facebook!	563-539-2230
St. Peter Lutheran Church 301 N. Adams Street Garnavillo, IA 52049	www.stpetergarnavillo.com/	563-964-2459
Trinity Lutheran Missouri Synod 106 S. River Park Drive Guttenberg, IA 52052		563-252-1476
United Methodist Church 200 S. 1st Street Guttenberg, IA 52052 www.umc.org		563-252-2153
Zion Lutheran Church 24221 Hwy 128 Elkader, IA 52043		563-245-2437
St. Sebald Lutheran Church P.O Box 88 12998 338th St. Strawberry Point, Iowa 52076	Part of One In Faith Parish stsebaldchurch@gmail.com	563-933-3885

Faith Community Cont.

Name	Description	Phone
First Congregational Church 429 Main McGregor IA 52157	www.fccmcgregor.org	563-873-3794
St. Joseph's Catholic Church 330 1 st SW Elkader IA 52043	www.stjosephelkader.com/	563-245-2548
Stephen's Ministry	Christ Caring for People through People	563-252-2355
St Mary's Catholic Church 314 West Mission St Strawberry Point, IA 52076		563-933-6166
United Methodist Church 202 West Mission Street Strawberry Point, Iowa 52057		563-933-4746
St. Paul Lutheran Church 700 Washington St, Volga, IA 52077	Part of One in Faith Parish	563-933-6127
Hope Lutheran Church 32513 Dinan Road Elkader, IA 52043	Part of One in Faith Parish	563-245-3430
Garnavillo Gospel Hall 506 South Washington Street Garnavillo, IA 52049		563-880-0520 563-880-0650

Financial Assistance

Name	Description	Phone
Clayton County Dept. of Human Services 129A North Vine Street, PO Box 476 West Union, IA 52175	FIP, title XIX and food stamps cfayet01@dhs.state.ia.us www.dhs.iowa.gov	563-422-5634 or 800-632-0014 Fx: 563-422-6536
Northeast Iowa Community Action Corp. 600 Gunder Rd. Suite 11 Elkader, IA 52043	LIHEP, and Crisis Funding www.neicac.org	563-245-2452
Small Business Help Line		800-532-1216
Social Security Administration 317 Washington Street, Suite 1 Decorah, IA 52101	www.ssa.gov	800-772-1213
Clayton County General Assistance Suite 6, 600 Gunder Rd NE Elkader, IA 52043	Limited financial assistance for specific needs Must meet income guidelines	563-245-1865
USDA Rural Development 1510 3rd Street SW Waverly, IA 50677	Community and business programs, and home loans www.rurdev.usda.gov/ia	319-352-1715 866-255-6573
Charge Card Counseling Services	Free Service	800-388-2227
Consumer Credit Counseling 1003 West 4th Street Waterloo, IA 50702	Credit counseling, bankruptcy information waterloo@cccia.org	800-714-4388 www.cccia.org
Medicaid	www.dhs.iowa.gov	877-347-5678
The Marketplace Insurance	www.healthcare.gov	800-318-2596
Child Support Recovery Unit		563-557-7113
Workforce Investment & Opportunity Act (WIOA) – IowaWORKS 312 Winnebago Street Decorah IA	Jobs & employment Unemployment claims & advisors www.iowaworkforce.org Unemployment Helpdesk -	563-382-0457 866-239-0843
American Red Cross	Agency provides disaster assistance to victims of natural disasters including fire, flood, and tornadoes	563-583-6451
Information & Referral/ 211 Services	Free information & referral services for all basic immediate needs such as food, clothing, and shelter. (All calls are confidential)	Dial: 2-1-1 or 319-739-4211 or 866-469-2211
Shepherd of the Hills 100W St, PO Box 36, St. Olaf, IA 52072	Crisis funds available. Assistance with rent, utilities and fuel	563-783-2409

Financial Assistance Cont.

Name	Description	Phone
People in Need (PIP) Program	Help families in crisis to help cover bills, rent, etc. Must have a referral by an agency	563-581-7995
Hawki Member Services		1-800-257-8563
MCO- Amerigroup Member Services PO Box 71099, Clive IA 50325		1-800-600-4441
MCO – Iowa Total Care		1-833-404-1061
VNA – Presumptive Eligibility for Medicaid or Hawki for children 660 Iowa St, Dubuque, IA 52001	Assistance provided for children, families & pregnant women to apply for Presumptive Coverage for Medicaid; application assistance and questions regarding Hawki coverage for kids	563-556-6200
Family’s Helping Hand 514 South River Park Drive, PO Box 550, Guttenberg 52052	Food Assistance and crisis funding family.resource.center@guttenberghog utten.org	563-252-3215 Fax: 563-252-3199

Food and Nutrition

Name	Description	Phone
Clayton County Dept. of Human Services 129A North Vine Street, PO Box 476 West Union, IA 52175	FIP, title XIX and food stamps www.dhs.iowa.gov	563-422-5634 or 800-632-0014 Fx: 563-422-5636
WIC- Clayton Co. Visiting Nurse Association Suite 5, 600 Gunder Rd Elkader, IA 52043	Nutrition Education Serves pregnant, postpartum & breastfeeding women, and children birth to age five with WIC education and nutritious foods Supplemental Nutritional Foods https://www.idph.state.ia.us/wic/	563-245-1145 563-880-0941 888-836-7867
Clayton County Food Shelf 100 W. Hill Street, PO Box 48 St. Olaf, IA 52072 claytoncountyfoodshelf@gmail.com	M-F: 9-12, 1-4 pm Food provided in emergencies Visits permitted: 4x per year referral f/soc. Services org	563-783-7794
Northeast Iowa Area Agency on Aging 806 River St. Decorah, IA 52101	www.nei3a.org meal sites: Strawberry Point, Guttenberg, Elkader, and Monona	563-382-2941
Family Resource Center 514 Riverpark Dr. Guttenberg, IA 52052	Food Pantry	563-252-3215
Good Samaritan 400 Hardin Dr. Postville, IA 52162	www.good-sam.com/	563-568-3447
St Mary's Catholic Church 314 West Mission St Strawberry Point, IA 52076		563-933-6166
Mom's Meals 3210 SE Corporate Woods Dr. Ankeny, IA 50021	www.my.momsmeals.com	877-508-6667
Guttenberg Senior Dining 502 S. First St. Guttenberg		563-245-1846
Monona Senior Dining 104 E. Centre St., Monona		563-539-4605
Strawberry Point Meals (Cheryl Winter)		563-933-6826

Food and Nutrition Cont.

Name	Description	Phone
Elkader Senior Dining Center 133 S. Main St. Elkader, IA 52043		563-245-1846
Iowa Food Assistance Hotline	Provides assistance for clients to apply for food assistance on phone.	1-855-944-3663
St. John's Mobile Food Pantry 203 Pearl Street Guttenberg, IA 52052	3 rd Monday from 5-6:30pm (subject to change)	
MercyOne Dietitian Approved Frozen Meals Dubuque Medical Center 250 Mercy Drive Dubuque IA 52001	Healthy meals delivered to your door	563-589-9655

Medical Health

Name	Description	Phone
American Cancer Society 2774 University Ave Dubuque IA 52001	www.cancer.org	563-583-8249 888-381-6839
Arthritis Information		800-283-7800
Ask-A-Nurse		800-593-1414
Cancer Information Service	www.cancer.org	800-4-CANCER
MercyOne Elkader Medical Center 901 Davidson Street NW Elkader, IA 52043 www.mercyone.org/elkader		563-245-7000
Clayton County Visiting Nurses Association 600 Gunder Rd Elkader, IA 52043		563-245-1145 888-836-7867
Cystic Fibrosis Foundation		800-344-4823
Regional Family Health 702 W. Union Street Edgewood, IA 52042		563-928-7191
Epilepsy Foundation of America www.epliepsyfoundation.org		800-332-1000
Cornerstone Family Practice 101 S. Washington Street Edgewood, IA 52042 104 S. Main Street Garnavillo, IA 52049 200 Main Street Guttenberg, IA 52052	www.guttenbergcfp.com	563-928-6435 563-964-2608 563-252-2141
Guttenberg Municipal Hospital 200 Main Street, PO Box 550 Guttenberg, IA 52052	Clinics, exercise classes, emergency care www.guttenberghospital.org	563-252-1121
HAWKi www.hawk-i.org	Free low cost healthcare for children	800-257-8563
Maternal Child Health Clinic (WIC) 600 Gunder Road Elkader, IA 52043	Preventative medicine, clinic, prenatal care for women and children	563-245-1145

Medical Health Cont.

Name	Description	Phone
Healthy Families Hotline Keystone AEA 1400 2nd Street NW Elkader, IA 52043 www.aea1.k12.ia.us	Information and referrals Evaluations, speech, recommendations, delays, behavior disorder, disabilities	800-369-2229 563-245-1480 or 800-632-5918
Medical Associates Clinic www.mahealthcare/elkader/htm 911 Carter Street NW Elkader, IA 52043 107 S. Page Street Monona, IA 52157		Elkader: 563-245-1717 or 800-648-6868 Monona: 563-539-4631
Northeast Iowa Behavioral Health 905 Montgomery Street Decorah, IA 52101 www.neimhc.org	Counseling, evaluations, consultations Satellite Offices in Clayton County	563-382-3649
Regional Medical Center 709 West Main Street Manchester IA 52057	www.regmedctr.org	563-927-3232
Alzheimer’s Association		1-800-272-3900
American Red Cross 2400 Asbury Rd. Dubuque, IA 52001	www.redcross.org/	563-583-6451
Salvation Army 1099 Iowa St. Dubuque, IA 52001	www.salvationarmyusa.org/	563-556-1573
American Diabetes Association	www.diabetes.org/	515-276-2237
American Lung Association	www.lung.org	1-800-LUNG-USA
Arthritis Foundation	www.arthritis.org	515-278-0636
Autism Society of Iowa	www.autismia.com/	515-327-9075
Diabetes Center	www.diabetes.org/	563-589-4899
Iowa Commission for the Blind	www.blind.state.ia.us/	800-362-2587
First Call for Help	24hr Resource & Referral	800-362-8255
DHS Medical Cards		800-632-0014
Everlasting Home Care	www.everlastinghhc.com	563-928-6202
March of Dimes	www.marchofdimes.org	319-247-5643
United Cerebral Palsy Association	www.ucp.org	800-872-5827
Ostomy Association	Mercy Dubuque	563-589-9600
Phillips Lifeline	www.lifelinesys.com	319-272-2190

Medical Health Cont.

Name	Description	Phone
Guttenberg Care Center Home Care 1315 Acre St. Guttenberg, IA 52052	www.abcmcorp.com	563-599-9956 563-252-2281
Arthritis Support Group		515-278-0636
Grief Support Group 514 Riverpark Dr. Guttenberg, IA 52052	Family Resource Center	563-252-3215
Northeast Iowa Area Agency on Aging 133 SE Main St. Elkader, IA 52043	www.nei3a.org	563-382-2941
Prescription Assistance		888-477-2669
Relay Iowa	www.relayia.org	800-735-2943
SHIIP	Insurance Information	800-351-4664
St. John's Parish Nurse		563-252-2355
VA	www.va.gov	1-800-637-0128
Alzheimer Support		1-800-272-3900
Teen Line	www.teenlineonline.org	1-800-443-8336
Northeast Iowa Community Action 305 Montgomery Rd. Decorah, IA 52101	Family Planning services www.neicac.org	563-387-4931
St. Croix Hospice 101 Elkader Street Strawberry Point Iowa 52076	stcroixhospice.ethicspoint.com	1.844.810.9521 563-933-2070
SART Primary sexual assault and abuse crisis response provider in NE Iowa	SART@riverviewcenter.org https://www.neiowasart.org/	24 hour sexual assault crisis line: 888-557-0310
Infocus Recovery	Chat live, get reliable information and treatment options, and find help near you. www.drugfreeinfo.org	Toll Free Helpline: 566- 242-4111
Iowa Hospital Association	www.healthcare.gov	800-318-2596
Pediatric Integrated Health Program Child Health Specialty Clinics 212 8th Avenue SE Oelwein, IA 50662	pihoelwein@uiowa.edu www.chsiowa.org	319-283-4135 Toll Free: 866-279-5023
Crisis Intervention Services PO Box 1186 Dubuque Iowa 52004	cis@cishelps.org www.cishelps.org	<i>Eastern Iowa:</i> 563-580- 7181 - 563-581-1418
Early Access	iafamilysupportnetwork@vnsia.org www.iafamilysupportnetwork.org Iowa's early intervention system for families with infants and toddlers who have a health or physical condition	1-888-IAKIDS1 (1-888- 425-4371)
Ryan White Program Dubuque Visiting Nurse Association, 600 Iowa St. , Dubuque, IA 52001	HIV/STD counseling & services	Ph: 563-556-6200 or 800- 862-6133
Care for You program Dubuque Visiting Nurse Association, 600 Iowa St. , Dubuque, IA 52001	Breast & Cervical Cancer Screening	Ph: 563-556-6200 or 800- 862-6133

Medical Health Cont.

Name	Description	Phone
Gundersen Palmer Home Health and Hospice West Union	home health/hospice referrals	Ph: 563-422-6267
Crossing Rivers Health Hospice 37868 US Hwy 18 Prairie du Chien, WI 53821	home health/hospice referrals	608-357-2262
Child Health Specialty Clinic 212 8 th Avenue SE Oelwein IA 50662	Care coordination for children	319-283-4135
WISEWOMAN Program Visiting Nurse Association	Cancer and heart disease screenings Health coaching Healthy living activities	563-556-6200 800-862-6133

Leisure/Fitness

Click here for updated list of classes/trainings:		
Name	Description	Phone
Boy Scouts Northeast Iowa Council Dellaykee District 10601 Military Rd, PO Box 732 Dubuque, IA 52004	Getting more info www.scoutsiowa.org	563-556-4343
Elkader Public Library 130 N. Main Street PO Box 310 Elkader, IA 52043	 www.elkader.lib.ia.us	563-245-1446
Girl Scouts 2644 Pennsylvania Ave. Dubuque, IA 52001	 www.girlscoutstoday.org	800-798-0833
Guttenberg Library 603 S. 2nd Street Guttenberg, IA 52052	 www.guttenberg.lib.ia.us	563-252-3108
Garnavillo Library 122 Main Street Garnavillo, IA 52049	 www.garnavillo.lib.ia.us	563-964-2119
Strawberry Point Library 401 Commercial Street, PO Box 340 Strawberry Point, IA 52076	 plincoln@strawberrypoint.lib.ia.us www.strawberrypoint.lib.ia.us	563-933-4340
Murphy Helwig Library 111 North Page Street Monona, IA 52159	 www.monona.lib.ia.us	563-539-2356
Edgewood Library 203 West Union Street Edgewood, IA 52042	 www.edgewood.lib.ia.us	563-928-6242
McGregor Library 334 Main Street McGregor, IA 52158	 www.mcgregor.lib.ia.u	563-873-3318
Farmersburg Library 208 South Main Street Farmersburg, IA 52047	 www.farmersburg.lib.ia.us	563-536-2229
Volga Library 505 Washington Street Volga, IA 52077	 www.volga.lib.ia.us	563-767-3511
Divine Current Wellness Center 531 S. 1st St., Guttenberg, IA 52052	Offers yoga and other (?) classes that support your physical, emotional, and mental wellbeing.	563-880-7423 www.divinecurrentwellness.com/
Wild Sage Yoga, Elkader		(563) 419-3161
Inhale Exhale Pilates & Yoga Studio 129 N Main St., Elkader, IA 52043		

Leisure/Fitness

Name	Description	Phone
Challenge to Change	Through evidence-based yoga and mindfulness programming, Challenge to Change, Inc. provides preventative social and emotional skills benefiting the mind, body, and emotional state to people of all ages.	(563) 451-7034 https://www.challengetochangeinc.com/
Fusion DanceWorks 117 N. Washington St., Edgewood, IA	Adult fitness classes including yoga, strength and toning, barre, and Zumba.	563-608-2188 fusiondanceworks.studio
Moser School of Dance		563-875-2846
Northeast Iowa Wellness & Recreation Center 313 W. Post St., Posville, IA 52162	Provides wellness and recreation programs, including group fitness classes and a swimming pool.	Phone: 563-864-9622 https://www.neiawrc.org/
Anytime Fitness 419 S Highway 52, Guttenberg, IA 52052		563-252-3100 https://www.anytimefitness.com/gyms/3111/guttenberg-ia-52052/
Elkader Fitness 305 High St., Elkader, IA 52043	Provides recreational, social, and educational enrichment opportunities through quality programs and services at a reasonable cost to members in the community. Provides members with access to strength and cardio equipment, basketball court and bathrooms complete with showers.	https://www.elkaderfit.com/
Vinny's Gym 218 Elkader St., Strawberry Point, IA 52076		(563) 608-6205
Luana Community & Rec Center 522 Main St. Luana, IA	Provides yoga and dance classes, weight training, and fitness equipment.	(563) 419-5321 luanaoldschoolrec.wordpress.com/
Guttenberg Karate Club, 415 S. Highway 52, Guttenberg		563-590-9953 guttenbergkarateclub.com
McDowell's Midwest Academy of Jung's Tae Kwon Do, 1085 210th Ave., Edgewood, IA		563-920-5545
Jung's Northeast Iowa Tae Kwon Do, 107 1/2 Main St., Garnavillo		
High Street Healing Arts Center: Northgate Healing Arts Center, Choose You Studio, Inhale Exhale Studio, 413 N. High St., Elkader, IA 52043	<p>Sessions scheduled by appointment. Choose You is an ever evolving health & wellness space with one mission: To enhance body, mind, and spirit through mindful practices.</p> <p>We assist you in developing the tools to withstand the pressures of everyday life and rise above them, by creating a safe and nurturing haven where acceptance and compassion are cultivated.</p>	563-880-9165 https://www.choosestudio.com/

Special Needs

Name	Description	Phone
Child Health Specialty Clinic - CHSC 308 College Drive, Suite 1 Decorah, IA 52101 www.uihealthcare.com/chsc	Serve children/youth birth through 21 years old, who live in Iowa, with special needs, chronic conditions	563-382-1277 or 877-571-9797
Targeted Case Management DHS 600 Gunder Road Elkader, IA 52043		563-245-1333
Clayton County Disability Coordinator 600 Gunder Rd NE, Suite 6 Elkader, IA 52043		563-245-1865
G&G Living Center, Inc. 602 Kosciusko Street PO Box 967 Guttenberg, IA 52052	celebratelife@gandgliving.org www.gandgliving.org	563-252-3811
Iowa COMPASS Center for Disabilities & Development 100 Hawkins Drive #S295 Iowa City, IA 52242	Statewide information for Disabled Answer questions www.iowacompass.org	800-779-2001
Iowa Department of the Blind 524 Fourth Street Des Moines, IA 50309	information@blind.state.ia.us www.blind.state.ia.us	515-281-1333 or 800-362-2587
Workforce Investment & Opportunity Act (WIOA) - IowaWORKS 312 Winnebago Street Decorah IA	www.iowaworkforce.org Jobs & employment	1-866-520-8986 563-382-0457
Opportunities Home, Inc. 606 Iowa Avenue, PO Box 166 Decorah, IA 52101	mail@opportunityhomes.org www.opportunityhomes.org	563-382-8140
Pediatric Integrated Health Program Child Health Specialty Clinics 212 8th Avenue SE Oelwein, IA 50662	pihoelwein@uiowa.edu www.chsiowa.org	319-283-4135 Toll Free: 866-279-5023
The Iowa Association of Area Agencies on Aging (i4a) 1111 9th Street Des Moines Iowa 50314	www.caregiver.org https://iowaassocaging.wordpress.com	866-468-7887
Pediatric Integrated Health Program Child Health Specialty Clinics 212 8th Avenue SE Oelwein, IA 50662	pihoelwein@uiowa.edu www.chsiowa.org	319-283-4135 Toll Free: 866-279-5023

Special Needs Cont.

Name	Description	Phone
Early Access Iowa's early intervention system for families with infants and toddlers	iafamilysupportnetwork@vnsia.org www.iafamilysupportnetwork.org	1-888-IAKIDS1 (1-888-425-4371)
The Iowa Association of Area Agencies on Aging (i4a)	www.caregiver.org https://iowaassocaging.wordpress.com	866-468-7887
First Five Program Dubuque Visiting Nurse Association – 660 Iowa St., Dubuque, IA 52001	assists with referrals for ages 0-5 yrs for developmental concerns	Ph: 563-556-6200 or 1-800-862-6133
Relay Iowa 1305 E. Walnut Street Des Moines, IA 50309	TTY phone service www.relayia.org	800-735-2943, voice 800-735-2942, TTY
RISE Ltd. 106 Rainbow Drive Elkader, IA 52043	Provides Hourly SCL, Daily SCL, Habilitation, and Day Habilitation services	Phone: 563-245-1868, email: riseltd@gmail.com
Scenic Acres 23105 Granite Avenue St. Olaf, IA 52072	Residential care facility	563-245-2640
Unlimited Services, Inc. 1418 South Hwy 52 Guttenberg, IA 52052	www.unlimitedservices/inc.com	563-252-1062
Vocational Rehabilitation 2600 Dodge St. Suite NW 2 Dubuque, IA 52001	Assistance to disabled www.ivrs.iowa.gov/index.html	563-588-4697
Keystone AEA 1400 2 nd St. NW Elkader, IA 52043	www.aea1.k12.ia.us	563-245-1480
Center for Disabilities & Development 200 Hawkins Dr. Iowa City, Iowa 52242	University of Iowa	877-686-0031 319-353-6900
Disability Resource Library 200 Hawkins Dr. Iowa City, Iowa 52242	Lends books and machines University of Iowa	800-272-7713
LifeLong Links 808 River Street Decorah, IA	Providing resource options for disabled individuals age 18+.	866-468-7887
Helping Services for Youth & Families Family Education & Support Program PO Box 372 Decorah, IA 52101		info@helpingservices.org www.helpingservihel.org Phone: 563-387-1720
Quality Choices Inc. 112 W. Charles St. Oelwein, IA, 50662	Provide HCBS waiver services- Supported Community Living (Hourly and Daily) and Respite for the HD and ID waivers in Northeast Iowa.	319-283-1474

Transportation

Name	Description	Phone
Auto Safety Hotline	Information and complaints	800-424-9393
Northeast Iowa Regional Transit System (EARL) 305 Montgomery Street, PO Box 487 Decorah, IA 52101 www.neicac.org/transport.html	NEICAC Transit provides in-town trips to various locations for anyone of any age in need of transportation	563-382-4259 or 866-382-4259
Medicaid Access to Care	Provides transportation and/or mileage to/from medical appointment. Must call in advance for services	866-572-7662
Iowa Total Care: Access to Care	Provides transportation and/or mileage to/from medical appointment. Must call in advance for services	833-404-1061
Amerigroup MCO (LogistiCare)	Provides transportation and/or mileage to/from medical appointment. Must call in advance for services	844-544-1389

Aging Services

Financial Assistance		
Northeast Iowa Community Action 305 Montgomery St. Decorah, IA 52101	www.neicac.org	563-245-2452
Department of Human Services 600 Gunder Rd. Elkader, IA 52043	www.dhs.iowa.gov	563-422-5634
Social Security 1635 Associates Dr. 101 Dubuque, IA 52001	www.ssa.gov	800-772-1213
USDA Rural Development 210 Walnut St. Des Moines, IA 50309	www.rd.usda.gov/iowa	319-352-1715
Veterans Affairs 600 Gunder Rd. Elkader, IA 52043	www.claytoncountya.gov	563-245-1865
Social Security Administration – Decorah		563-382-2924
Home Care Aide: bathing and personal cares		
Clayton County VNA 600 Gunder Rd, NE Suite 5 Elkader IA 52043	www.claytoncountya.gov	563-245-1145
Home Instead Senior Care 1213 12 th Ave. Suite 105 Dyersville, IA 52040	www.homeinstead.com	563-875-6059
Palmer Home Health 955 N. Frederick Ave. Oelwein, IA 50662	www.palmermedical.com	800-335-0711
Regional Medical Home Care 709 W. Main St. Manchester, IA 52057	www.regmedctr.org	563-927-7303
ABCM Healthy Living Home Care 1315 Acre St. Guttenberg, IA 52052	www.abcmcorp.com	563-599-9956
Everlasting Home Care PO Box 852 Guttenberg, IA 52052	www.everlastinghhc.com	563-928-6202
Circle of Life Mission – Strawberry Point		563-933-6235
Western Homes		319-239-5968
Homeward Bound 940 S Marquette Rd. Prairie Du Chien, WI 53821	www.hwbcare.com	608-326-6883

Veterans Memorial Hospital Home Care 40 1 st St. SE Waukon, IA 52172	www.veteransmemorialhospital.com	563-568-5660
Homecare Helping Hands 715 E. Charles St. Oelwein, IA 50662		800-632-0056
Homemaker: light housekeeping and errands		
Clayton County VNA 600 Gunder Rd, NE Suite 5, Elkader IA 52043	www.claytoncountya.gov	563-245-1145
Home Instead Senior Care 1213 12 th Ave. Suite 105 Dyersville, IA 52040	www.homeinstead.com	563-875-6059
ABCM Healthy Living Home Care 1315 Acre St. Guttenberg, IA 52052	www.abcmcorp.com	563-599-9956
Everlasting Home Care PO Box 852 Guttenberg, IA 52052	www.everlastinghhc.com	563-928-6202
Meals: meal site or home delivered		
Northeast Iowa Area Agency on Aging (NEI3A) 133 SE Main Elkader, IA 52043	www.nei3a.org	563-382-2941
Medical Alert		
Allamakee-Clayton REC 229 IA 51 Postville, IA 52162	Ask for Sonya www.acrec.com	563-864-7611
Alert 1	www.alert-1.com	866-646-2199
Phillips Lifeline	www.lifeline.phillips.com	800-242-1306
Crossing Rivers 37868 US 18 Prairie Du Chien, WI 53821	www.crossingrivers.org	608-357-2000
Alpine Communications 923 Humphrey St. Elkader, IA 52043	www.alpinecom.net	563-245-4000
Life Assist	www.life-assist.com	888-860-8098
Girling Home Health		1-877-354-3046
LifeAid		1-800-998-2400
Medical Equipment		
ActivStyle	www.activstyle.com	800-651-6223
American Home Patient 909 S. Mechanic St. Decorah, IA 52101	www.ahom.com	563-556-8118 1-800-234-1705
Cedar Valley Mobility 3804 Hammond Ave. Waterloo, IA 50702	www.mobilitystore.com	800-603-9857
Palmer Home Medical 955 N. Frederick Ave. Oelwein, IA 50662	www.palmermedical.org	563-422-9714

Crossing Rivers Home Medical Equipment 37868 US 18 Prairie Du Chien, WI 53821	www.crossingrivers.org	608-357-2263
Rotech 3250 JFK Cir. Suite 4 Dubuque, IA 52002	www.rotech.com	563-557-1004
Quality Medical Supply 807 US 52 Guttenberg, IA 52052	www.qmsmasoncity.com	1-866-423-4592
MercyOne Home Care 250 Mercy Dr. Dubuque, IA 52001	www.mercydubuque.com	563-589-8899
Finley-Hartig Home Care 2282 University Ave. Dubuque, IA 52001	www.hartigdrug.com	563-588-8707
Veterans Affairs 600 Gunder Rd. Elkader, IA 52043	www.claytoncountyyia.gov	800-637-0128
Quality Medical Services		563-252-3393
Rental Assistance		
Family's Helping Hands 514 South River Park Drive Guttenberg IA 52052	Crisis fund	563-252-3215
Upper Explorerland 134 W. Greene St. Postville, IA 52162	www.uerpc.org	563-864-7551
NEICAC 600 Gunder Road Elkader 52043	Crisis fund	563-245-2452
Respite: cares for client while caregiver is gone		
G&G Living Centers 602 Kosciusko St. Guttenberg, IA 52052	www.gandgliving.org	563-252-3811
Garden View Assisted Living 800 Darby Dr. Monona, IA 52159		563-539-4528
Great River Care Center 1400 W. Main St. McGregor, IA 52157	www.greatrivercare.com	563-873-3527
Palmer Home Health 955 N. Frederick Ave. Oelwein, IA 50662	www.palmermedical.com	800-335-0711
Regional Medical Home Care 709 W. Main St. Manchester, IA 52057	www.regmedctr.org	563-927-7303
ABCM – Healthy Living Home Care 1315 Acre St. Guttenberg, IA 52052	www.abcmcorp.com	563-845-8200

Skilled Nursing Visits		
UnityPoint at Home- Elkader 600 Gunder Rd. Elkader, IA 52043		563-245-2064
Palmer Home Health 955 N. Frederick Ave. Oelwein, IA 50662	www.palmermedical.com	800-335-0711
Regional Medical Home Care 709 W. Main St. Manchester, IA 52057	www.regmedctr.org	563-927-7303
Transportation		
Northeast Iowa Transit (EARL) 305 Montgomery St. Decorah, IA 52101	www.neicac.org	563-382-4259
Residential Services		
Lincolnwood Assisted Living W. Lincoln St. Edgewood, IA 52042		563-928-7173
River Living Center 831 US 52 Guttenberg, IA 52052		563-252-3070
Scenic Acres 23105 Granite Ave. St. Olaf, IA 52072		563-245-2640
Tower Living Center 103 E. Centre St. Garnavillo, IA 52049		563-964-9090
Garden View Senior Community 800 Darby Dr. Monona, IA 52159		563-539-4528
Lutheran Home 313 Elkader St. Strawberry Point, IA 52076	www.strawberrypointlutheranhome.com	563-933-6037
Kingston Court Assisted Living 118 Reimer St. SW Elkader, IA 52043		563-245-1620
Turner Pointe Assisted Living 1203 Buell Ave. McGregor, IA 52157		563-873-3527
Edgewood Convalescent Home 513 S. Bell St. Edgewood, IA 52042	www.edgewoodconvalescenthome.com	563-928-6461
Great River Care Center 1400 W. Main St. McGregor, IA 52157	www.greatrivercarecenter.com	563-873-3527
Elkader Care Center 116 Riemer St. SW Elkader, IA 52043	www.elkadercarecenter.com	563-245-1620
Guttenberg Care Center 1315 Acre St. Guttenberg, IA 52052	www.abcmcorp.com	563-252-2281

Prairie Maison 700 S. Fremont St. Prairie Du Chien, WI 53821	www.chscwi.org	608-326-8471
Eagle Ridge Assisted Living 1315 Acre St. Guttenberg, IA 52052	www.abcmcorp.com	563-252-2288
Care Management and Options Counseling		
Northeast Iowa Area Agency on Aging (NEI3A) 133 SE Main Elkader, IA 52043	www.nei3a.org	563-382-2941
St. Croix Hospice 101 Elkader Street Strawberry Point Iowa 52076	stcroixhospice.ethicspoint.com	1.844.810.9521 563-933-2070
Home Instead Senior Care	Helpforalzheimersfamilies.ca	
Iowa Family Caregiver 5835 Grand Ave Suite 106 Des Moines IA 50312	Resource for caregivers	866-468-7887
Information and Referral		
Lifelong Links/NEI3A		1-877-538-0508 Or 866-468-7887
Proteus	Education programs for clients Healthcare clinics in Clayton County	Toll free: 319-855-9602 1-800-372-6031

Notes

